



WEST ANNAPOLIS MEDICAL SPA

AT SANDEL DUGGAL PLASTIC SURGERY

GHK-CU SKIN RENEWAL TOPICAL

physician-directed topical program • with or without estradiol

Designed to support skin quality, fine lines, texture, and post-procedure recovery when appropriate. Each plan is customized after medical review and application guidance.

PROGRAM OPTIONS



GHK-Cu Cream

Best for: skin quality, fine lines, and texture support

\$195 / jar

Includes: physician-directed GHK-Cu topical cream

Use: thin layer nightly or 2-3 nights/week to start

Best for: face, neck, or chest as directed

Often used for skin renewal and post-procedure recovery when cleared

Also includes: application instructions, storage guidance, and follow-up



GHK-Cu + Estradiol Cream

Best for: enhanced skin renewal support when appropriate

\$295 / jar

Includes: physician-directed GHK-Cu + estradiol topical cream

Use: thin layer nightly or 2-3 nights/week to start

Best for: skin quality, crepey texture, and collagen-support goals

Requires: hormone-safety screening before starting

Also includes: application instructions, storage guidance, and follow-up

WHAT'S INCLUDED IN EVERY PLAN



Prescription-based sourcing



Customized application guidance



Follow-up support



Post-procedure guidance



Provider-directed review

HOW THE PLAN WORKS



Medical review
history + skin goals



Application guidance
how and where to apply



Home schedule
nightly or as directed



Reassessment
adjust plan as needed

IMPORTANT NOTES

-  **Possible side effects:** mild irritation, dryness, redness, or sensitivity.
-  **Call us if:** significant rash, worsening irritation, allergic reaction, or other concerns occur.
-  **Sun protection:** use daily SPF, as topical actives can increase sun sensitivity.
-  **Estradiol** is not appropriate for everyone and requires screening before use.
-  **Important:** this is a physician-directed supportive topical program and may be prescribed off-label.

Important: Results vary. These therapies are supportive tools, not guarantees. Some therapies may be compounded and/or prescribed off-label. This handout does not replace medical consultation, consent, or individualized instructions.

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